# MALAYSIA



# ~Selamat Berkenalan セラマット・バーケナラン~





Hello, and nice to meet you all. We are from Malaysia. Syahmi comes from Putrajaya, Malaysia and Amir comes from Johor Bharu, Malaysia. Currently, we are studying at the University Putra Malaysia (UPM). We are majoring in a Bachelor of Economics. We are now in our final year of our studies. This is our first time in Japan. We both came to Miyakonojo, Japan, for an internship at Yamae Food Industry Co., Ltd. We served an internship here for 2 months. Neither of us have ever worked in the manufacturing sector, and this is a valuable experience for us. We hope to explore more and enjoy ourselves during our stay in Miyakonojo.

### **ABOUT MALAYSIA**

Malaysia, a Southeast Asian gem, captivates with its stunning beaches, verdant rainforests, and vibrant cultural blend of Malay, Chinese, Indian, and indigenous peoples. Malaysia's history dates back to ancient Malay kingdoms and trading ports, influenced by Indian, Chinese, and later Islamic cultures. Malaysia gained independence from British rule on August 31, 1957. Malaysia is divided into two main regions: Peninsular Malaysia, located on the Malay Peninsula, and East Malaysia, situated on the island of Borneo.





### **STATE IN MALAYSIA**

Malaysia is a federal constitutional monarchy consisting of 13 states and 3 federal territories. The states are divided into two main regions: Peninsular Malaysia and East Malaysia (on the island of Borneo). Governance of the states is divided between the federal and the state governments, with different powers reserved for each, and the Federal government has direct administration of the federal territories.

### **RACES AND ETHNICITY**

Malaysia boasts a vibrant ethnic tapestry, with Malays, Chinese, and Indians forming the primary groups. This diverse blend is further enriched by indigenous communities from Sabah and Sarawak, the Orang Asli of Peninsular Malaysia, and the culturally unique Peranakan and Eurasian communities. Additionally, a dynamic expatriate population adds to the cultural richness, making Malaysia a lively and truly multicultural society.



### CLIMATE

The country experiences a tropical rainforest climate, with high humidity and temperatures averaging between 25°C to 35°C. It has two monsoon seasons: the Southwest Monsoon and the Northeast Monsoon.

### **GOVERNMENT POLITICS**

Malaysia is a federal constitutional elective monarchy; the only federal country in Southeast Asia. The system of government is closely modelled on the Westminster parliamentary system, a legacy of British rule.

### MONARCHY

The Yang di-Pertuan Agong (King) is the ceremonial head of state, elected every five years from among the nine hereditary Malay rulers.

### **PRIME MINISTER**

The head of government is the Prime Minister, who is usually the leader of the majority party in parliament.



### NATIONAL FLOWER

The bunga raya, also known as the hibiscus rosasinensis, is the national flower of Malaysia. It was officially declared the national flower in 1960 by the first Prime Minister of Malaysia, Tunku Abdul Rahman. This vibrant and striking flower is deeply symbolic and holds significant cultural, historical, and environmental importance in the country. Beyond its

representation of national unity and progress, the bunga raya is also a symbol of the natural beauty and biodiversity of Malaysia. Its hardy nature and vibrant appearance reflect the resilient and diverse spirit of the Malaysian people.

### MALAYSIAN CUISINE

Malaysian cuisine, a delightful fusion of diverse traditions, mirrors the country's multi-ethnic tapestry. The three main ethnic groups—Malays, Chinese, and Indians—are complemented by indigenous peoples from Sabah and Sarawak, Orang Asli, Peranakan, Eurasians, and a vibrant community of expatriates and foreign workers. This rich blend creates a unique and flavorful culinary



landscape. Additionally, the influence of Thai, Javanese, and Middle Eastern cuisines further enriches the culinary tapestry, making Malaysian food a true gastronomic adventure.



### HIGHEST MOUNTAIN IN MALAYSIA

Mount Kinabalu is the highest mountain in Southeast Asia, standing at 4,095 meters (13,435 feet) above sea level. It is located at Sabah, one of the state in Malaysia. This sacred mountain for the Kadazan-Dusun people attracts thousands of climbers annually, who embark on a challenging two-day trek. Notable for its distinct climate zones and unique wildlife like the Kinabalu Giant Red Leech, the mountain also hosts the grueling Mount Kinabalu

International Climbathon. The mountain's geological youth and spiritual significance add to its allure, making it a prime destination for both adventure seekers and nature enthusiasts.

### LARGEST CAVE CHAMBER IN THE WORLD

Sarawak's cave chambers, located in Gunung Mulu National Park, are among the world's largest and most impressive. Deer Cave features one of the biggest passages, while the Sarawak Chamber, the world's largest, can fit 40 Boeing 747 airplanes. These caves limestone boast spectacular formations and underground rivers, explored through guided tours. Home to millions of bats and swiftlets, they create a unique ecosystem. As part of a UNESCO World Heritage site, they attract spelunkers, scientists, and tourists worldwide. The sheer scale and beauty of Sarawak's caves make them an unforgettable adventure.



### LARGEST FLOWER IN THE WORLD

The Rafflesia, native to Southeast Asia, is renowned for being one of the largest flowers in the world, sometimes spanning up to 3 feet in diameter. This extraordinary flower is known for its striking appearance and its strong odor, reminiscent of rotting flesh, which attracts pollinating insects like flies. Lacking stems, leaves, and roots, the Rafflesia is a parasitic plant that relies entirely on a host vine for nutrients. It has a rare and sporadic blooming cycle, making it a unique and sought-after sight for nature enthusiasts. The flower's distinctiveness and rarity contribute to its status as a significant botanical curiosity.

### **CURRENCY IN MALAYSIA**

The Ringgit Malaysia, commonly denoted as RM, stands proudly as Malaysia's official currency, regulated by the esteemed Bank Negara Malaysia. Divided into 100 sen, it showcases a colorful array of banknotes and coins, adorned with iconic symbols and historical luminaries that narrate the nation's captivating heritage. From bustling city markets to serene village scenes, the Ringgit Malaysia serves as the lifeblood of everyday transactions, embodying nation's economic the vibrancy and cultural richness.



### **MALAYAN TIGER**

The Malayan tiger (Panthera tigris jacksoni) is a critically endangered subspecies native to the Malay Peninsula's dense tropical forests. Known for its distinctive narrow stripes, it plays a crucial role in maintaining ecological balance by controlling prey populations. Unfortunately, fewer than 200 Malayan tigers remain in the wild habitat loss, human due to encroachment, and poaching. The Malayan tiger symbolizes Malaysia's rich natural heritage and the urgent need for biodiversity conservation.



SOUTHEAST ASIA LARGEST THEME PARK

Legoland Malaysia, the largest Legoland theme park in Southeast Asia, offers a diverse array of attractions and rides in Iskandar Puteri, Johor. From thrilling roller coasters to intricate Lego creations, the park provides entertainment for visitors of all ages. Its various themed zones, such as Miniland and Lego City, immerse guests in a world of creativity and adventure. Families can enjoy interactive experiences, shows, and even stay at the Legoland Hotel for an extended visit. As a popular destination, Legoland Malaysia attracts tourists from around the globe to experience the magic of Lego in a tropical setting.



### MALAYSIA CAR BRAND

Proton, Malaysia's pride in the automotive world, has been crafting quality vehicles since its inception in 1983. As Malaysia's first car manufacturer, Proton holds a special place in the hearts of Malaysians, accompanying them on countless journeys across the nation. Proton very first car was Proton Saga which is introduced in 1985.

### **SPORTS**

Malaysia has carved a significant niche in the world of badminton, with a rich history of success and a legion of passionate fans. One of Malaysia's most celebrated badminton icons is Lee Chong Wei, whose illustrious career has left an indelible mark on the sport. Lee's rise to dominance as the world's number one men's singles player has become the stuff of legends. But beyond individual triumphs, Malaysia's badminton prowess is a testament to its unwavering dedication, resilience, and collective spirit. In every smash, rally, and victory, the nation finds unity and pride, celebrating not just the sport but the indomitable spirit of its people.





Semporna,Sabah

## **RECOMMENDED PLACES IN MALAYSIA**



Cameron Highland



Pulau Besar, Johor



Dairy Castle Farm,Sabah



Mirror Lake,Perak



Langkawi



# **OUR EXPERIENCES IN JAPAN**

My experience in Japan is beyond my expectations. The cleanliness, kindness and politeness impress me so much. In Japan, I stay in Miyakonojo City, a beautiful place surrounded by big mountains. The weather here is so different from our country. It is cooler here and I love it very much. Many days to enjoy staying here and I hope I can explore as much as I can before going back to my country.

It is a huge opportunity for me to be in such a beautiful country. I came to Japan as an intern at Yamae Food, one of the biggest companies in Miyakonojo. My experience was very incredible and everything here always catches my eye. For me, every country has its uniqueness. The culture of politeness and respect sets Japan apart, making every visit an extraordinary experience. I have a long way to go. There are a lot of places and food in Japan that I want to explore.



# **OUR EXPERIENCES IN MIYAKONOJO**







We are impressed by the nice and comfortable houses in Japan, where thoughtful design and meticulous care create a warm and inviting living environment.



There are so many nice stores around here, offering a wide variety of options to explore, making it incredibly convenient to shop for whatever you need.

### THE BEAUTY OF MIYAKONOJO

Miyakonojo is renowned for its stunning natural beauty. We were amazed by the surrounding lush greenery, picturesque mountains, and serene landscapes that offer а tranquil environment that captivates the senses. The city's charming parks, vibrant gardens, and scenic riverside areas provide residents and visitors alike with ample opportunities to immerse themselves in the splendor of nature.

### THE ATTRACTION PLACES OF MIYAKONOJO

There are so many attraction places in Miyakonojo that cater to a variety of interests. For history enthusiasts, Miyakonojo Castle stands as a symbol of the city's rich past, offering not only historical insights but also panoramic views of the surrounding landscapes. Nature lovers can explore the serene beauty of Sekino-o Falls, with its lush forests, scenic hiking trails, and stunning vistas. Additionally, the city is home to charming parks, cultural museums, and vibrant festivals, ensuring there's always something new and exciting to discover in Miyakonojo.



Sekino-o Falls





Public Library

Terrasta Market

### CONCLUSION

We hope to explore more when we are here and enjoy our stay, immersing ourselves further in the beauty and culture of Miyakonojo. Our visit has been filled with delightful experiences, from the stunning natural landscapes to the rich historical sites, and we look forward to uncovering even more hidden gems on our next trip. The warmth and hospitality of Miyakonojo have made our stay truly memorable, and we can't wait to return and continue our adventure in this wonderful city. We are eager to try more of the local cuisine, participate in cultural festivals, and make even more connections with the friendly residents.